



see
page
11

Rota COASTLINE

Vol. 10 Issue 20

U.S. Naval Station, Rota, Spain

JUNE 7, 2001



**Special
section on
PCS Moves
See pullout,
pages 13 - 16**

International computer hoax catches on here

Heather King Navarrete
Rota Coastline

An international hoax – urging computer users to delete a file on their hard drive said to be a dormant virus – spread through e-mail systems on Naval Station, Rota last week. Although no real damage was reported to the Naval Station's Information Systems Department (ISD), computer experts say hoaxes like this one can still be dangerous.

"This is a type of hoax that can do

see HOAX page 5

HRO implements Spouse Preference Program

Heather King Navarrete
Rota Coastline

Naval Station's Human Resources Office (HRO) implemented a new program geared toward employment for military spouses this week. The Military Spouse Preference Pilot Program – which will run for two years in only the European theater – will enable spouses currently working in non-permanent positions to use their spouse preference when applying for a perma-

see SPOUSE page 5

Spanish summer hours

More than 40 percent of the base's Spanish national work force has requested to participate in the base's Summer Hour Program. The program, which went into effect last week, allows Spanish employees to choose to rearrange working hours and work an eight-hour continuous shift each day.

Commands and departments typically approve summer working hours between 7:30 a.m. and 3:30 p.m. The

see SUMMER page 5

NCLC: usage too low, in danger of closing

Heather King Navarrete
Rota Coastline

When Deanna Butler began working as a facilitator at Navy College Learning Center in March, she was tasked with a big responsibility. She must boost student usage levels, or she may lose her job.

NCLC is currently catering to a student population of 30 – 40 percent of its capacity. In September, when the contract is up for review, the Navy expects to see the NCLC operating at a 75 percent capacity rate, said Butler. Although the command has

indicated that a 50 – 60 percent usage rate would be considered good utilization, Butler is still concerned by the prospects.

"There are so many things to do here," she said. "It's hard to compete with that."

Butler also thinks that there might be a perception in the community about the program that leads to low usage, she said.

"It's been a stereotype that this is a remedial school," said Butler, "and it's not."

The program offers computer-based, self-paced programs that cater to a wide range of students – from those who want to earn a

General Education Diploma to students who are in their third year of college, she said. All courses are open to active duty military, reservists, retirees, Department of Defense civilians, and adult family members.

"I don't know if family members know about this program," she said. "There are so many spouses who are at home because employment is low."

"If you can't be employed," Butler urged, "come in here and work on your educational skills."

For more information, call ext. 3070.



photo/PH1(AW) Ron Heppner

The Navy College Learning Center student usage rate was low Tuesday afternoon. Continued low usage can cause the facility to shut down.

4th of July festival taking shape

For the past four months, nearly 25 people have been organizing this year's Fourth of July festival. Organizers say the annual bash will be bigger and better than ever.

The Rota Fourth of July festival will last an unprecedented

six days this year – from June 29 to July 4 – and this year, the grand finale fireworks show will be held the night of Independence Day.

"I really think it's going to be better than the years before because I can all the progress

everyone [on the committee] is making," said CTT1 Grant Mayer, one of the event organizers.

The Committee expects to spend up to \$20,000 this year on the festival. More than 10 casetas, 10 rides, numerous

game booths, seven bands, a DoD variety show and more are scheduled for this year's fiesta.

A meeting is scheduled for today at 3 p.m. at the CPO Club at Reflections for everyone involved or interested in helping out, with the event.

INSIDE

U.S. Naval Station, Rota, Spain
www.rota.navy.mil

Spanish News	3
Religion	8
Calendar	10
8 Days a Week	18
Publisher's Corner	19
Movies	23
Classifieds	24
Fitness Section	27

WEATHER

This forecast was created on Tuesday. For the latest update, visit nemoc.navy.mil



THURSDAY
Mostly Clear
High: 90 Low: 68



SATURDAY
Mostly Cloudy
High: 87 Low: 67



FRIDAY
Mostly Clear
High: 89 Low: 66



SUNDAY
Partly Cloudy
High: 87 Low: 67

THIS WEEK

DGF High School Graduation

Casino Bahia de
Cadiz, El Puerto,
June 8, 7 p.m.



Fleet Master Chief Hallstein and the European area Command Master Chiefs attending CONSEP here

Rota continues to be a hub of activity. This week, we have Mr. David Dubois from PERS-6 and his team sponsored by CINCUSNAVEUR on board. They are here to conduct a course called Career Options & Navy Skills Evaluation Program (CONSEP). This course is targeted towards Sailors who have between six and twelve years of naval service. It focuses on transition initiatives and provides our people information on how to assess their skills and abilities and compare them to careers in the civilian sector. This program is not geared towards retention; it just provides tools and information for Sailors to make informed career decisions. One of the pieces of information that impressed me the most is that the Navy is starting to consider the family when making assignments. They have real-

ized that spouses play a big part in determining and selecting the next set of orders. Additionally, a great deal of attention is being given to spouse employment via the Spouse Employment Assistance Program (SEAP). To emphasize how important CONSEP is to our leadership, Fleet Master Chief Hallstein and the European area Command Master Chiefs are also attending the course to ensure they are exposed to the information so they can pass it on to their



along with 20 Rota area Sailors. For further information on the intricacies of CONSEP, you can contact your CCC.

I would like to take this opportunity to thank the Rota team for hosting this event. Members of the FFSC, MWR, PWD transportation and the BOQ staff have done a tremendous job in meeting the needs of our

Sailors. Additionally, Transition Managers, Command Career Counselors and Financial Counselors are in attendance

guests. Bravo Zulu.

Another significant event took place this week. The NAVSTA Rota CPOs requested that the MCPON authorize us to make Lt. Tina Athans an Honorary Chief. As most of you know, LT. Athans is extremely active in our community and is sought after by many Sailors for assistance with officer programs and many other things. She gives of herself willingly and is always ready to assist where needed. She displays many qualities of a Chief Petty Officer. Fleet Master Chief Hallstein took time out of his busy schedule to conduct the ceremony during the CONSEP training. He pinned the anchors on Lt. Athans and presented her a certificate signed by Master Chief Jim Herdt (MCPON) while the NAVSTA CPOs cheered her on. Congratulations Chief! Welcome to the Mess.



38 celebrate their first communion

Adam Aguilera, Freddie Avila, Shelby Berns, Kenneth Bonn, Abbey Brinkerhoff, Christina Diaz, Jazmin Fairfield, Daniel Gardner, Denise Johnson, Shermina Judan, Nicolí Macaluso, Daniel Patti, Soraya Sanchez, Taylor Shannon, Meghan Schulte, Matthew Solomon, Charlotte Taylor, Vanessa Terrazas, Alex White, Timothy Aune, Eric Batista, Fleshia Bonn, Kevin Bosler, Michael Carrico, Madelaine Eata, Natalie Foster, Christina Hazelwood, George Judan, Jon-Paul Kowalko, Mariah Mapeso, Amanda Pieper, Meaghan Shannon, MaryKate Schulte, Katlyn Schulte, Marco Summerfield, Tiffany Taylor, Ana VonHusen, Andrea White

#2

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photo/Heather King Navarrete

Jenevah Porter smashes a pie in the face of DGF Elementary School's principal, Gary Edsall during the Reading Millionaires ceremony Tuesday, after the school exceeded their goal of 2,000,000 reading minutes.

Letters to the Editor

Rota Coastline welcomes your comments on Letters to the Editor, stories and features published in the newspaper. We also welcome letters on topics of importance to the local community. All letters must be signed, but Rota Coastline will withhold names from publication if requested. We reserve the right to edit letters for length.

Email: coastline@navsta.rota.navy.mil
Fax: 956-82-1021
Mail: Coastline
PSC 819 Box 1

LOOKING BACK

June 2, 1961 Rotando reported: *Personnel who don't have smallpox, typhus, or typhoid shots updated will have their names removed from the departure list.*

June 9, 1971 El Rotando reported: *NMCB 4 has requested the NEX to open a retail outlet at Camp Mitchell.*

June 12, 1981 Jack Tar reported: *46 DGF Seniors graduate in DGFs 23rd commencement ceremony*

June 8, 1992 Coastline reported: *The Navy suspends firing of 16-inch guns while USS Iowa explosion is investigated.*

June 8, 2000 Coastline reported: *Seaview Pines restoration project nears completion.*

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Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense, or the U.S. Navy, and do not imply endorsement thereof.

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Coastline is published weekly, with a circulation of 3,500, by a private individual in no way connected with the Department of Defense or directly with the U.S. Navy.



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MILITARY NEWS

STA-21 improves Sailors' career opportunities

The new officer accession program, Seaman to Admiral-21 (STA-21), is making it easier than ever for Sailors to make the transition from enlisted to officer while earning college degrees. The program eliminates the inequities between commissioning pipelines. Previous officer programs varied greatly in the amount of pay and educational benefits available to Sailors.

STA-21 streamlines the application process by consolidating eight of 14 commissioning paths by using a single application. There is one application deadline and one selection board.

The STA-21 program was created to place a college degree and enhanced career opportunities within reach of today's Sailors.

STA-21 combines the following eight former commis-

sioning paths: NROTC two-year, four-year, and Nurse option; Enlisted Commissioning Program Basic, Aviation option, Nuclear option and Civil Engineer Corps option; and the original Seaman to Admiral program.

Deadline for submission of applications for the FY02 STA-21 commissioning program is July 15. The initial selection board will meet during September this year.

Names of selectees will be announced by NAVADMIN in October. Further details can be found in OPNAVNOTE 1530.

For more information on the STA-21 program, go to <http://www.sta-21.navy.mil>, see NAVADMIN 128/01 on the BUPERS web site at <http://www.bupers.navy.mil/NAVADMIN>; or check with your command career counselor.

Applications sought for LDO/CWO programs

The Navy is soliciting applications for the FY03 commissioning year for the Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) programs from active duty personnel, including regular Navy, USNR-TAR, and general recall personnel.

Applicants should review OPNAVINST 1420.1 for eligibility information. Applicants are also encouraged to review the "Applicants page" on the LDO/CWO homepage located at

<http://www.bupers.navy.mil/pers211/index.html> for answers to frequently asked questions regarding the instruction.

You can also check out NAVADMIN 138/01 on the BUPERS web page at <http://www.bupers.navy.mil/NAVADMIN>. There, you'll find a list of common errors, omissions, and considerations with an explanation of procedures to ensure submission of the best possible application, as well as clarification and modifications of OPNAVINST 1420.1.

Rota Mustang Association to help with commissioning packages

If you are interested in applying for the LDO/CWO program, STA-21 program, or any other commissioning programs, your chain of command and career counselor are your primary points of contact for information and

assistance with the package submission.

The Rota Mustang Association, comprised of former enlisted Sailors now serving as commissioned officers at various commands in Rota, is also available for assistance

and guidance.

The association, whose officers were commissioned from a number of programs, have experience in not only being an officer, but also are a source of direct experience in submitting a package.

If you have questions about the Rota Mustang Association and how they can assist with any of the Navy commissioning programs, contact Lt. Carl Brown at ext. 2285 or Lt. Tina Athans at ext. 2795.

SPANISH NEWS

Spanish military ends 230 years of obligatory military service

As conscripts lined up on the Spanish Foreign Legion parade ground in Almeria to kiss the national flag, military stalwarts lamented the passing of a cherished tradition. They could take limited solace from the fact that Spain's last conscript, Jose Luis Betalaza Gonzalez, 18, said he wanted to become a professional soldier. Next year Spain's military will be an entirely professional force for the first time since King Carlos III introduced conscription in 1770. The end of conscription has spelled recruitment problems for the armed forces. The Defense Ministry has acknowledged that with 76,000 volunteers serving at present, it is still 10,000 below its target figure.

Immigrant problems in Spain

Police charged against a group of 100 illegal immigrants who tried to storm the Provincial Council building in Huelva to demand legal papers on Wednesday. One person was injured and an Algerian man was arrested. In Almeria, fears of more racist riots in El Ejido, Almeria, increased this week after an abandoned house, in which 30 North African immigrant workers lived, was demolished on Saturday. Farm workers' unions have denounced the lack of rented property available to immigrants in the area. However, the Spanish government will grant legal work permits to around 200,000 illegal immigrants. The Government is giving the green light to 70 percent of pending requests for the permit, but it insists on not setting an immigration quota.

600 kilos of cocaine seized

A National Police Drug Squad seized 600 kilos of cocaine and arrested two smugglers in the Port of Vigo, Galicia, at the weekend. The drugs were hidden in several cardboard boxes, which arrived from Ecuador.

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DGF H.S. presents end-of-year awards

The David Glasgow Farragut High School held its awards ceremony for the Jr. High School students May 30 and the High School students June 1. The following students received recognition:

DGF Jr. High School awardees:

Outstanding Achievement in Subject Areas

Art - Hana R. Bignell; **Keyboarding** - Brenda Vigil and Michael Miralles; **English** - Kaitlyn Valente and Katelyn Babcock; **Foreign Language (Spanish I)** - Brianna Vega and Kaitlyn Valente; **(Spanish II)** - Elizabeth Patti and Carlos Rios; **(French I)** - Daniela M. Hazelwood, Caitlin Wilson, and Hugo Melchor; **(French II)** - Maria Sanchez; **Health** - Maggie Buckles and Kaitlin Henderson; **Math (Math 8)** - Carlos Rios; **(Algebra I)** - Brenda Vigil; **(Geometry)** - Kaitlin Henderson; **Music** - Kaitlin Henderson; **Physical Education (P. E. 7)** - Megan Schulte, Vasti Cruz, and Francisco Rodriguez; **(P. E. 8)** - Glenis Gibbs; **Reading** - Stephon L. Wise and Brian R. Cramer; **Science** - Mary Beyer and Brenda Vigil; **Social Studies** - Brenda Vigil, Mary Beyer, Denise Taylor, and Kaitlin Henderson.

Outstanding Achievement in Academic Activities

Junior Science and Humanities Symposium - **Bronze Trophy** - Maggie Buckles, Elizabeth Patti, and Kaitlyn Valente; **American Junior High Mathematics Examination Award** - Danialle Dunziellias; **Math**

Counts - Maggie Buckles, Kaitlyn Valente, Kaitlin Henderson, and Elizabeth Patti; **Voice of Democracy Essay Contest** - Brianna Vega and Amanda Sasso; **President's Award for Educational Excellence** - Maggie Buckles, Kaitlin Henderson, Elizabeth Patti, Carlos Rios, Kaitlyn Valente, Mary Beyer, Katherine Brugger, Glenis Gibbs, Hillary Greening, Jessica Wince, Maria Sanchez, and Daniel Johnson; **President's Award for Educational Improvement** - Darry Caldwell, Cameron Hilario, Daniel Storm, Michael Miralles, Alisa Ricketson, Amanda Sasso, Amanda Schlytter, Sadonna Williams, Caitlin Wilson, Justin Wooten, Jason Allard, Lauren Dickerson, Randee Perdon, Nicole Hatch, Hana Bignell, Rachel Klain, Dante Brucchi, and Danialle Dunziellias.

High School awardees:

Outstanding Achievement in Subject Areas

Art - Ariel Littchen-Piffer; **AVID** - Susan Koch and Heather MacNeil; **Business (Accounting)** - Michael McGuigan; **(Entrepreneurship)** - Joel Bignell; **Keyboarding** - Karen O'Neal; **Cooperative Work Experience** - Sarah Smith, Patrick Ott, William Adamo; **English (9th grade)** - Kandus Scott and Kate Quigley; **(10th grade)** - Eric Flagg; **(11th grade)** - Megan Greening; **(AP English)** - Kelsey Hudson; **Foreign Language (Spanish I)** - Sarah Peery, Crystal Miralles, and Melissa Turner; **(Spanish II)** - Kimberly Rosander; **(Spanish III)** - Monica Iannacone; **(Spanish IV)** - Ariel Littchen-Piffer; **(AP-Spanish)** - Scot Wilson and Marcus Miller; **(French I)** - Christie Sardi-Wade; **(French II)** - Amparo LaMontagne;

Math (Geometry) - Ana Richter; **(Algebra II)** - Micah Guy; **Music** - Joel Bignell; **Physical Education** - Joshua Rodriguez; **Science (Biology)** - Kate Quigley; **Social Studies (World Regions)** - Lou-Anthony Limon; **(World History)** - Anthony Rodriguez; **(Junior Award)** - Scot Wilson; **(Senior Award)** - Kelsey Hudson.

Outstanding Achievement in Academic Activities

Junior Science & Humanities Symposium in Brussels, Belgium - **1st Place in the Poster Presentation, Senior Division** - Billy Adamo and Aaron Kinghorn; **Model United States Senate Awards** - Rosalyn Roynance, Gretchen Storm, Andy Valente, Trish Guillebeau, Anna Levy, Samantha Sorrell, Brent Bray, Billy Adamo, Scot Wilson; **Showcase 2001** - Rosalyn Roynance, Megan Greening, Ashli Whiddon, Elizabeth Galindo, and Rosalyn Roynance; **Honor's Music Festival** - John Buckles, Richard Johnson, William Turner, and Cristo Heatherdale; **Voice of Democracy Audio Essay Competition** - Joshua Rodriguez; **Principal's Leadership Award** - Danny Batista; **President's Student Service Award** - Monica Iannacone and Joshua Harrison; **Bausch & Lomb Honorary Science Award** - Micah Guy; **Xerox Award** - Rosalyn Roynance; **A-OK Scholarship Award NEX** - Monica Iannacone; **President's Award for Educational Excellence** - Danny Batista, Megan O'Neil, Kelsey Hudson, Robert Basnight, Joel Bignell, and Christina Sardi-Wade.

DGF Class of 2001 Valedictorian & Salutatorian Award

- **Valedictorian** - Danny Batista; **Salutatorian** - Megan Jane O'Neil;

Scholarship Presentations

Naval Station Rota Wardroom Scholarship - \$1,000 to Megan Jane O'Neil and \$500 to Kelsey Hudson; **Rota Chief Petty Officers' Association Scholarship** - \$1,500 to Billy Adamo; **Defense Commissary Agency & Fisher House Foundation Scholarship** - \$1,500 to Danny Batista; **Phi Delta Kappa Educational Association - Iberia Chapter Scholarship Grant** - \$500 to Megan O'Neil, Kelsey Hudson, and Jenna Smith (Lajes High School); **Chief George Waller Memorial Scholarship** - \$500 to Ashli Whiddon; **Western Washington University President's Scholarship** - \$1,000.00 tuition waiver to Aaron Kinghorn; **Azuza Pacific University Sports Scholarship** - \$4,000.00 scholarship to Kelsey Hudson; **DGF Athletic Booster Club Scholarship** - \$300 each to Erin Buckles, Kelsey Hudson, and Danny Batista; **DGF Community Scholarships** - \$800 to Ariel Littchen-Piffer; \$1,200 to Christina Sardi-Wade; \$1,500 to Kelsey Hudson; \$2,000 to Megan O'Neil; and \$2,500 to Danny Batista.

More than \$8000 was contributed to the DGF Community Scholarships. The class of 2001 thanks all contributors, which included: DGF High School's Senior Class; DGF High School Principal's Fund; John J. Kestley/George Washington Lodge; DGF High School's Spanish Club; DGF High School Guidance/Testing Fund; VQ-2 Enlisted Spouses Club; OCS - Officers/Civilians Spouses' Club; Rota Community College; FIL-AM Levante Association; Overseas Federation of Teachers-Rota; NCTAMS MWR; Rota African Heritage Committee; and Toastmasters of Rota.

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HOAX

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just as much damage as a virus," said Eric Frykenberg, ISD director.

The hoax urged users to delete the SULFNBK.exe file on the computer's hard drive, which the hoax claimed was a dormant virus that couldn't be de-

tected by anti-virus software. The SULFNBK.exe file, a standard part of the operating system, should not be removed. The hoax also urged users to pass the message on to all e-mail correspondents in their electronic address book.

"I can say with 100 per-

cent certainty that anytime you see an e-mail that tells you to forward it to everyone you know, it's a hoax and you should be suspicious," said Frykenberg.

Users can verify the authenticity of a hoax through a search engine on the Internet by typing the sub-

ject line of the email combined with the word 'hoax.' The search engine will provide links to sites related to the suspected hoax.

Any e-mail message that directs a user to delete files from their computer should be reported to the ISD help desk at ext. 2852.

SPOUSE

continued from front page

nent position.

"This is going to provide more opportunities for military spouses to seek employment, and still retain their spouse preference," said Aliyya Rashid, head of the U.S. employment division.

Spouses of active duty military who relocate to a permanent duty station are entitled to the preference as long as they are among those qualified for the position. Under the old program, spouses who worked in temporary positions or positions with intermittent or flexible work schedules that lasted for more than a year lost the preference entitlements. This is no longer the case, said Rashid.

The program, also called MSP Choice, was created with the idea that spouses will have the opportunity to work when they choose to, while retaining their MSP for more 'career-enhancing' positions. Spouses who have lost their preference rights by either accepting or declining temporary or flexible positions - including those held at Navy Exchange and Morale Welfare and Recreation - may be entitled to a reinstatement under MSP Choice. However, veterans still maintain preference for employment over military spouses.

The pilot program will run for two years in the European theater and then will be reevaluated to determine whether it should be expanded to the Pacific theater or terminated, said Rashid. The Department of Defense began looking into military spouse preference in 1997, after issues were raised in quality of life forums.

SUMMER

continued from front page

base security department has rearranged some of their hours for the summer. Starting Monday, June 11, and running through Sept. 14, the following offices will observe summer hours:

" Pass Office section [Bldg. 207]	7:30 a.m. to 3 p.m.
" Interpreters section [Bldg. 207]	7:30 a.m. to 3 p.m.
" Spanish Traffic Tickets [Bldg. 207]	7:30 a.m. to 3 p.m.
" Firearms registration [Bldg. 207]	7:30 a.m. to 3 p.m.
" Records and Analysis [Bldg. 207]	7:30 a.m. to 3 p.m.
" Pass and I.D. [Bldg. 52]	8:00 a.m. to 3:30 p.m.
" Vehicle registration offices	8:00 a.m. to 3:30 p.m.

In addition to the Security Department, the Naval Station Comptroller office is observing summer hours until Sept. 15. The payroll, accounting, commercial bill paying and budget offices will be open for service from 7:30 a.m. to 3 p.m. The Travel section will continue to operate from 8 a.m. - 5 p.m.

Personal Property will observe summer hours until Sept. 14. The office will be open from 7:30 a.m. - 3 p.m., and customer service hours will be from 8 a.m. - 2 p.m., Monday through Friday.

The base Human Resources Office expects more Spanish employees to request to participate in the program when school lets out for the summer.

Critical days of summer, prepare yourself

So many people are killed in the period beginning Memorial Day weekend through Labor Day weekend that it has come to be called "The critical days of summer." Last year, 51 Sailors and Marines throughout the fleet died in traffic accidents and other off-duty mishaps from Memorial Day weekend through Labor Day. They started out just like you're planning to do, but something went terribly wrong.

If you don't want to be a statistic, take action now. Think about control options. Delay that long drive home until you're rested. Coffee will not keep you awake. Maintain proper speed and following distance and don't forget to buckle up. If road or weather conditions change, making it unsafe to drive, pull over and relax. Don't overdo it on the softball field or basketball court.

If you believe that you lost spouse preference because you previously accepted a non-continuing position with one of the following personnel offices, contact that office directly by calling the corresponding number:

S Morale Welfare and Recreation (MWR)	ext. 2596
S Navy Exchange (NEX)	ext. 2525
S Human Resource Office (HRO)	ext. 1643

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MEETINGS

RAMIC

Col. Frank Laras, Commander, 725th Air Mobility Squadron, will address the Retired American Military, Iberian Council (RAMIC) Tuesday, Jun. 12, at 1 p.m., at the monthly on-base meeting. He will explain his unit mission in Spain. He commands one of the Air Force's enroute support squadrons, which are located overseas all over the world. He and his Rota unit are responsible for the logistic support to the Air Force Mobility Command (AMC) global mission.



Col. Frank Laras

TOPS

TOPS, a weight loss support group meets every Monday evening in the Family Practice Clinic conference room at the hospital. Weigh-in begins at 6:30 p.m., and the meeting begins at 7 p.m. Call Suzanne at 956-84-0902 or email suzadale@arconet.es for more information.

Twins Play Group

Moms and expectant moms of twins are invited to get together every other Wednesday for a kids playgroup and to share stories/experiences. For more information, call Laura at ext. 4440.

Naturalization Brief

ABH2 Les Derewonko, USNR, a Special Agent with the INS in his civilian life, has offered to present an INS workshop to familiarize interested Rota personnel with naturalization procedures. The Naval Legal Service Office (NLSO) will host the workshop

Wednesday, June 13 at 10 a.m. If interested in attending, call NLSO at ext. 2531 by close of business Monday, June 11. Space is limited at the NLSO; if necessary, a second session will be scheduled.

HRO News and Notes

News and Notes, including back issues, may now be read on the local HRO web site by accessing the Naval Station Intranet at www.navsta.rota.navy.mil. News and Notes is a quarterly publication regarding HRO policies and programs. Call ext. 1636 for more information.

Rota Hash House Harriers

The Rota Hash House Harriers will be running Friday, Jun. 15, and will meet at the parking lot by the Rota gate, at 6 p.m. We run for fun! Contact Kris Runaas at 956-48-2147 or krunaas@hotmail.com <<mailto:krunaas@hotmail.com>> for any questions.

Teen Harvest 2001

Higher Praise Christian Fellowship's Youth Department will host Teen Harvest 2001 at Sea View Pines Community Center Jun. 8 at 9 p.m., and will continue at the DGF Gymnasium Jun. 9 at 10 a.m. The event is a sleepover. Teens desiring to sleep over must have a signed permission slip and are encouraged to bring a sleeping bag. There will be music, discussion groups, sports, food, and other exciting activities. Youth must be 13 and older to attend this event. Come out for Christian Fun & powerful words of encouragement. Don't forget to invite a friend. For more info, call Debora Matthews at 956-84-1861 or Richard Gilliard at ext. 4117.

Car Wash

ROTA CPOA will have a car wash Jun. 15, from 11 a.m. – 4 p.m. All proceeds will go to the CPOA Scholarship Fund. Volunteers needed to wash cars or have their cars washed. Bring extra sponges and rags if available. Hoses, buckets, drying rags will be on hand. For more information, contact Chris McClintock at ext. 2633, Chris Arcega at ext. 2396, or Bill Timko at ext. 2233.

Aviation Ground School

Those interested in attending the U.S. Navy League-sponsored Aviation Ground School can attend Jul. 15 – 25, or Jul. 22 – Aug. 4, at RAF Croughton, U.K. Youth, ages 15 – 18, are eligible to attend. This year's program is under the auspices of Rear Adm. James Stark, USN (retired). For details, contact James Brady at 956-48-2246, Evaristo Fernandez at 956-85-7325, or see www.aviation.cc

Fitness Assessments

Even though the Physical Readiness Test is over for this cycle, now is the time to start preparing for the next test. Make an appointment to have your overall fitness evaluated and get some professional advice to start off on the right track. Contact Laurie Allard at ext. 2565 or 2864 to make your appointment.

Report a crime

If you see a crime, you can report it anonymously by calling the Rota Crime-Line at ext. 2688. A security officer reviews recordings daily. All emergencies should be reported to ext. 2911.

PA systems available

If you need a public address system for a change of command, awards ceremony, or other official function, call the Public Works Department Trouble Desk at ext. 2347.

NEX Price Matching

The NEX challenges you to find the same item we sell for less within a 50 mile radius on the local economy, in an AAFES Europe ad in the Stars and Stripes, or in one of these catalogs or Internet sites: Sears, JC Penney, Wal-Mart, Service Merchandise, or Sam's Club. Please add shipping costs before you compare the price.

On-line Refills

Patrons of the Naval Hospital Pharmacy may now order prescription refills on-line via the hospital home page. Just click on Pharmacy, then refills, and fill in the requested information. Refills may be picked-up the next day during regular working hours. For questions about medicine, patrons may also post a question on-line. Just click on Questions and a pharmacist will respond by the next day. The hospital web address is <http://rota-www.med.navy.mil/>.

Corrections

Photo Captions: In the May 24 edition of the *Rota Coastline*, a student's name was incorrectly spelled in the 'DGF Science Fair' caption on page 2. The correct spelling of the student's name is Derek Sherman. In the May 31 edition, a name was spelled incorrectly in a 'Vista' caption. The correct spelling of the name is Patricia Arabio.

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EDUCATION

CCC

Do you have time on your hands while your spouse is deployed? Get busy with your college degree with City Colleges of Chicago, and make your free-time work for you! They offer all general education courses required by American colleges and universities, as well as Basic English and Math courses to help you brush up on your skills. All courses are delivered via distance education, so you work at your own schedule. For more information, contact your CCC-E Field Representative at ext. 2574, or stop by our office located in the Navy College Office.

UMUC Scholarships

UMUC is pleased to announce scholarship opportunities for undergraduates taking courses during academic year 2001/2002. Scholarships are awarded on the basis of students' academic records with Maryland and the essays they submit. Stop by the office in Bldg. 52 for a listing of available scholarships.

UMUC Open House

Want a UMUC mug? They'll be raffling off several of them and other prizes at their open house Jun. 11. Come learn more about

UMUC Programs and Bowie State University's Graduate Programs, including how to get started, which fields to pursue, and how to excel in college. Representatives from all programs will be in Rota to answer questions in an informal environment. The open house will be from 11 a.m. – 2 p.m. in NAVLEAD, Bldg. 3044. Refreshments will be provided. Call ext. 2917 for more information.

Navy College Graduation Rehearsal

Rehearsal for graduation is scheduled for Thursday, Jun. 7 from 5 – 6 p.m., at Reflections. Bring your cap and gown for photos to be taken just after rehearsal. Call ext. 2918 for more information.

OU

The University of Oklahoma is now enrolling students for Stress Management. Class dates are Jul. 10 – 15. The enrollment deadline is Jun. 11. Contact the Rota OU field coordinator at ext. 2799, or aprota@ou.edu.

NCLC

The Navy College Learning Centers (NCLC) hours have changed for the summer. They are now open Mon-

day – Thursday, from 10 am – 8 p.m. The NCLC has a variety of FREE academic and work skill courses to meet your educational and career goals. The courses are self-paced, delivered via computer and are available to all active-duty, reservists, retirees, DoD civilians and adult family members. Come in and see how the Navy College Learning Center can help you prepare for college, improve your academic skills and enhance your job performance. Visit them in Bldg. 52 (PSD), Monday – Thursday 10 a.m. – 8 p.m., or call ext. 3070 for a jump-start to a better future.

Volunteers Needed

Adult volunteers are needed to work with High School students in a college prep program at DGF on Wednesdays and Fridays, from 10 a.m. – 11 a.m. For more information, or to join the AVID team, contact Elaine Hermann at ext. 4698.

Box tops

Keep saving your General Mills "Box Tops for Education" found on cereals and snacks. You can drop them off at the Commissary, Library, DGF Elementary School, JAMS or the CDC. DGF Elementary School benefits from your support. Contact Jeanie Ephron at ext. 4473 for more information.

High Voltage Line Washing

The High Voltage Line Crew has completed the washing of the high voltage distribution system in the housing area. They will be washing the high voltage distribution system on Flor Street from the power plant to the entrance of housing. This is a reminder that they use "water only" to clean the lines and that the spray is not harmful to anything it may come in contact with.

Energy Awareness Tip

A recent night audit of Naval Station facilities shows that we can improve our night shutdown procedures and save energy dollars for the station. While many facilities had secured all interior lighting and shut down computers and office equipment at close of business, several facilities, easily identified during the night audit, were not properly secured. Make it a point to create a night shutdown checklist and designate an individual to make a final check of the facility at close of business and help us meet our conservation goals.

Environmental Awareness Tip

Energy, and energy conservation and consumption continue to be hot items in the news. Fossil fuel consumption has been the recipient of the majority of the increased scrutiny, especially in relation to automobile fuel efficiency, as the nation looks to start drilling for oil in the Arctic National Refuge. Did you know that energy experts have noted that requiring sport utility vehicles, minivans and other vehicles now classified as "light trucks" to meet the same mileage standards as cars, would save the United States 910,000 barrels of oil a day. Over a vehicle's lifetime, choosing a car that gets 30mpg rather than 20mpg can save approximately \$1,500 and keep more than 10 tons of carbon dioxide out of the air.

Recycling Program

PWD is evaluating alternatives to improve its cost effectiveness of the Naval Station recycling program. Review of the alternative chosen will be requested of the Naval Station PMB by June 18.

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That's Why They Call it Commencement

The High School Commencement Ceremony will take place Friday night. Thirty-two seniors graduate and move on (we hope!) to bigger and better things. They will probably be reminded about their potential; encouraged to dream; think outside the box. They will look back with fond memories and forward with great expectations. And then they will be reminded that this is not a graduation from, it is a commencement into life.

That's right. *Commencement.* As in *begin*. Just when they

thought that they had finished there is that rude reminder that they are just beginning, again. A friend of mine who went from the enlisted to officer ranks once told me that the hardest part of the transition was starting over, again. He went from being a senior enlisted to a junior officer. From being someone important, to being just another one of the JOs.

Tomorrow our Seniors will start over again. That's why they call it commencement. But then,

CHAPLINE

by Chaplain Steve Beyer

isn't that what life's about? One thing ends. Another begins. And life goes on. Robert Frost said:

"In three words I can sum up everything I have learned about life. *It goes on.*"

Congratulations, Seniors, on making it this far. Now, to commence with the next chapter in your life. . .

Worship Schedule

June 9	6 p.m.	Roman Catholic Mass
June 10	9 a.m.	Roman Catholic Mass
	9 a.m.	Protestant Communion Service
	10:30 a.m.	Protestant Contemporary Service
	Noon	Roman Catholic Mass
	1:30 p.m.	Gospel Service
	6 p.m.	No Protestant Youth Group

Listen to Chapline every weekday at 7:15 a.m. and 4:15 p.m. on Hot 102.5 FM! Or access them on the web by clicking on "Base Chapel" under the resource section on www.rota.navy.mil.

ANNOUNCEMENTS

Thursday Morning PWOC Bible Study at the Chapel Hall, 10 a.m. Study: Loving Your Husband: Building an Intimate Marriage in a Fallen World. Childcare is provided.

GOOD WORD OF THE WEEK

It's a funny thing about life; if you refuse to accept anything but the best, you very often get it.

Somerset Maugham

FLEET AND FAMILY SUPPORT CENTER

call ext. 3232 for information

Spanish Classes

Registration for Spanish Classes will begin May 29. The term will be held June 11 – July 19, Monday – Thursday.

Beginning classes: 9:15 -10:15 a.m.

Intermediate classes: 3:15- 4:15 p.m.

Parents & Tots Playgroup

This playgroup is for parents with children ages birth to four years. The children have fun during free play, or unstructured playtime. Parents, while also having fun with their children, talk and share ideas with other parents. This playgroup is held every Wednesday, from 10:30 a.m. to 12:30 p.m., in room 1610, DGF School.

Managing your Life for a Change Classes

Get life skills for coping with daily relationships and problems. Obtain information from these workshops that target anger and stress levels and help you become a better communicator. Each class is offered 5:15 - 7:15 p.m.

Positive Training Groups

Parent Connection meets Mondays at 5 p.m.

Women's Development Group meets Tuesdays at 5 p.m.

Men's Development Group meets Wednesdays at 5 p.m.

Parent Support Group

Children don't come with instructions. Living overseas presents even more challenges for parents. Bring your children, and get support for the most important job of your life: parenting. Call FFSC for the upcoming dates.

Sponsor Training

June 7, 9:30 – 11:30 a.m.

FFSC Sponsor Training classes provide helpful information for planning a positive overseas transition. If you've been assigned sponsor duty, don't miss this class. Spouses are also encouraged to attend.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DOMINGO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
JUNE/JUNIO International People Skills Month JULY/JULIO National Baked Bean Month				7 Sponsor Training, 9:30 a.m., FFSC, call 3232 PWOC Bible Study, 10 a.m., Chapel	8 Teen Harvest 2001, call 4117 DGF High School Graduation, Casino Bahía de Cadiz, El Puerto, 7 p.m. Congress authorizes the Office Judge Advocate General (1880)	9 Rota Navy College 2001 Graduation Ceremony, Reflections, 1 p.m. Flea Market, 0900 - noon, Drive - In, call 2527
10 To submit items for the Coastline Calendar email us at: coastline.navstarota.navy.mil	11 June is International People Skills Month June is National Safety Month Parent Connection, 5 p.m., call 3232	12 RAMIC, 1 p.m. Residencia de Suboficiales Women's Development Group, 5 p.m., FFSC, call 3232	13 DGF High School last day of school Parents and Tots Group, 10:30 a.m., FFSC, call 3232 Men's Development Group, 5 p.m., FFSC, call 3232	14 Flag Day U.S. Army Birthday, (1775) DGF Elem., Awards Ceremony, 9:15 a.m. Last day of school for students, early release 11:30 a.m. PWOC Bible Study, 10 a.m., Chapel	15 E4 Evals Due NAVSTA Day Off	16 Pick-A-Pro Golf Tournament, Golf Course Check out the Rota Web Site at http://www.rota.navy.mil
17 Father's Day Navy Hospital Corps established (1898) Pick-A-Pro Golf Tournament, Golf Course	18 Parent Connection, 5 p.m., call 3232 June is National Frozen Yogurt Month TAP for Retirees, 8:30 a.m., FFSC, call 3232	19 Juneteenth (Date freedom of slaves announced in Texas in 1865; two years late) Women's Development Group, 5 p.m., FFSC, call 3232 TAP for Retirees, 8:30 a.m., FFSC, call 3232	20 Emancipation Day (Slavery ends in the U.S. - 1863) Parents and Tots Group, 10:30 a.m., FFSC, call 3232 Men's Development Group, 5 p.m., FFSC, call 3232 TAP for Retirees, 8:30 a.m., FFSC, call 3232	21 Summer begins JAB, Chapel, 9:15 a.m.	22 Bullfighting Brown Bag, noon, FFSC, call 3232 Interview Skills, 1 p.m., FFSC, call 3232	23 Go Out of Town for the Weekend
24 For ITT tour info, call 3101	25 Parent Connection, 5 p.m., call 3232 Korean War begins (1950)	26 Women's Development Group, 5 p.m., FFSC, call 3232	27 Omsbudsman Assembly, Noon, Bldg 1 Conf. Room Parents and Tots Group, 10:30 a.m., FFSC, call 3232 Men's Development Group, 5 p.m., FFSC, call 3232	28 Men's Development Group, 5 p.m., FFSC, call 3232 Smooth Move, 12:30-16:30 p.m., FFSC, call 3232	29 	30 
1 	2 	3 	4 	5 NAVSTA DAY OFF	6 First naval aviation base established at Annapolis, Md. (1911)	7 July is Anti-Boredom Month

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Costa del Sol, Torremolinos



Basil Biever
Rota Coastline Volunteer

During Semana Santa, we decided to take a trip to Torremolinos. The coastal drive from Estepona to Torremolinos was very scenic, though a bit bumper-to-bumper, due to semana Santa. Three hours after we left Rota, we reached Torremolinos and found our hotel—Hotel Miami, described by Frommer's Guide as a 1920's style Hollywood movie-star home.

On our first afternoon in Torremolinos we searched for the Asian grocery stores my acquaintances told me about. I found two small ones that didn't quite meet my expectations. We walked downtown and saw so many Chinese and seafood restaurants. In one of the stores I saw huge shrimps that were the size of a small lobster.

We ate dinner at La Bodega, located in the city center, in Calle San Miguel. We sat by the balcony so we had a good view of the main street below. There was such a hustle and bustle of tourists and locals alike. The menu had photos of the many different tapas available—very convenient for people who don't know what to order. After dinner we walked all the way back to our hotel, which was roughly about two-and-a-half miles from the city's center. I'd advise against this because in retrospect the walk to our hotel consisted of dimly lit and isolated streets on the main drag.

After having a light breakfast at the hotel, we drove around the city to look for my elusive Asian-goods store, and found two. My husband was happy that our search was a success because then we could enjoy our stay in Torremolinos instead of driving around again.

We spent the afternoon at the beach, starting at the La Carihuela section, a block down from our hotel. The weather was pleasantly warm with a cool breeze. The water was clear and calm, and the sand on this side of Torremolinos was golden, instead of grit-gray. The beach was lined with multi-colored umbrellas and chaises—open for the taking for a fee. After letting our sons play in the water, we walked down the beach and then the boardwalk that stretched on for miles. The boardwalk was lined with different shops and restaurants on one side, and different cabana-style bars/restaurants on the other. For those who love the beach, the sun and a lot of action, this is the place to go.

For an encore we had dinner at El

Vista

Roqueo, another restaurant highly recommended by our ever-constant travelling companion, the Frommer's guide. We began our dinner with sopa de mariscos (seafood soup), and then followed by Lubina a la sal (a delectable fish baked in layers of rock salt then cracked open and deboned right at our table). A word of advice to those contemplating on ordering this specialty of the chef: just one order of this cost us 5,800 pesetas. The meal was wonderful and the service was excellent. After having a big dinner we walked the rest of the boardwalk towards Benalmadena where we discovered several fancy dance clubs along the yacht harbor. Since we had our young boys with us we chose to stop at an arcade to play some games, then we headed back to our hotel.

Though the majority of our stay in Torremolinos was a wonderful one, someone breaking into our hotel ruined our second and last night's stay. We found our clothes and things strewn all over the floor—the glass door to our room facing the garden had been broken. We transferred to another room and the next day we headed home.

This does not stop us from wanting to go back to Torremolinos, or along the Costa del Sol. After reading more about Torremolinos from several different guidebooks, only then did I find out that con artists and thieves run rampant during tourist season. I've heard so much about force protection measures on TV, yet ignored warnings and precautions we could have taken to prevent what happened. No matter where you go, always make sure to be aware of your surroundings. In our case, we should have stayed on the second floor, in a well-lit area. Low-accessibility is the key.

"Be safe Rota," adds a whole new meaning to me.



A rendition of the "Last Supper" in sand.



Torremolinos bustles with nightlife.

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PCS SPECIAL PULLOUT

Protecting treasures while moving

You watch "Antiques Roadshow" this Fall and learn a chifferobe just like your great-grandmother's is worth \$5,000.

Dang! If you'd known that you'd have had insurance and squawked more when those butterfingers banged up yours during your summer move.

Permanent-change-of-station moves mean stress, anxiety and problems even when you don't own high-value treasures. But when you do, paying attention to some common sense dos and don'ts may save you grief. Carriers and the government assume no liability for such high-value items as watches, jewelry, cash, stocks, bonds, coin and stamp collections, antiques, bills, deeds, precious metals or irreplaceable sentimental items such as photo albums. Carry these valuables with you, Military Traffic Management Command officials advise. Don't ship them as household goods, and don't leave them in dresser drawers or lying around while movers pack.

Get professional appraisals for expensive, valuable items such as artwork, collectibles and heirlooms. Obtain supplemental insurance for these valuables during the move. Standard insurance carried by most movers pays claims by the pound, not market value. The government will not pay for appraisals or extra insurance, but consider the cost a wise hedge against loss or damage.

Videotape or take close-up photos of all your belongings, paying extra attention to the condition of your furniture and your expensive and valuable items. Inventory records like this will help you document any losses and damage you may incur in the move.

Record serial numbers of electronic equipment.

Movers are supposed to document furniture condition on their inventory record sheets. Make sure you

confirm their entries and challenge them until you agree on accuracy. When you sign the mover's inventory record after the packing's done, you're certifying its accuracy.

Don't wax or oil wooden antiques and fine wood furniture before shipping, because some products might soften the wood and make it vulnerable to imprinting from furniture pads.

Third-party servicing will likely be needed before moving such luxury items as hot tubs, large-screen TVs and some exercise equipment.

Talk to the moving company about pre- and post-move servicing of washer, dryer, refrigerator, dishwasher, grandfather clock, satellite dish and other such items.

Think twice before dismantling your outside TV antenna — a new one may cost less than shipping the present one.

Following these suggestions will safeguard valued items and help you have an efficient and painless move.

'It's Your Move' booklet helps with PCS moves

The booklet, "It's Your Move" has a vast amount of information to help with your PCS move. You can obtain a copy at the Customs Office at Naval Station, Rota, or you can view a copy on the Internet at <http://www.defenselink.mil/specials/itsyourmove>. The pamphlet should be useful to members of all the services, with its weight allowance charts and wealth of other information about moving.



An easy and fairly dependable method for estimating the weight of household goods is to figure 1,000 pounds per room,

not including storage rooms and bathrooms. Then add the estimated weight of larger appliances and items in the garage and storage rooms. The weight of professional books, papers and equipment doesn't count against your allowance.

Service members being assigned overseas should check with their transportation offices about possible weight restrictions. For instance, some places provide government furniture, and so the government won't pay to ship your full weight allowance.

If you're going to a weight-restricted area, the government will store the remainder of your household goods, up to your full weight allowance, or ship it to a designated location for the duration of your overseas tour.

Weight Limits in pounds for Household Goods Shipments

	W/O Dep.	W/ Dep.	Temp. Allow.		W/O Dep.	W/ Dep.	Temp. Allow.
0-10	18,000	18,000	2,000	E-9	12,000	14,500	600
0-9	18,000	18,000	1,500	E-8	11,000	13,500	500
0-8	18,000	18,000	1,000	E-7	10,500	12,500	400
0-7	18,000	18,000	1,000	E-6	8,000	11,000	400
0-6	18,000	18,000	800	E-5	7,000	9,000	400
0-5	16,000	17,500	800	***E-4	7,000	8,000	400
0-4/W-4	14,000	17,000	800	**E-4	3,500	7,000	225
0-3/W-3	13,000	14,500	600	E-3	2,000	5,000	225
0-2/W-2	12,500	13,500	600	E-2	1,500	5,000	225
0-1/W-1	10,000	12,000	600	E-1	1,500	5,000	225
			***Over 2 Years				**Less Than 2 Years

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PCS SPECIAL PULLOUT

PCSing with your pets requires a lot of planning

Rabbits, gerbils, birds, snakes, fish, parrots, otters, and even horses — these are only some of the family pets people have tried to ship on military chartered aircraft when moving. To their chagrin, none of these prized pets were allowed aboard Air Force Air Mobility Command charters.

"Pets means dogs and cats only," AMC's Tech. Sgt. Mitch Conley emphasized. He pointed out that pet shipment is not an entitlement, but a privilege limited to charter passengers in a permanent-change-of-station status. The limit is two pets per family.

And there's a new weight limit — 150 pounds, including the cage or shipping container. The Air Terminal here at Naval Station, Rota, says it costs about \$90 to ship a pet and kennel weighing up to 70 pounds aboard the Patriot Express, and double that for pets weighing 71 to 150 pounds.

The government does not underwrite or reimburse the

cost of shipping pets. Owners pay the freight alone, and they also must make their own commercial arrangements if the pet exceeds AMC's 150-pound weight limit.

A small pet can travel in the charter aircraft cabin with special permission from AMC, but it must be in a hard-shell kennel not exceeding 20 inches by 16 by 8.

Conley said service members should advise their transportation office about their pets when make arrangements to ship their belongings. "They need to make arrangements two or three months before they're scheduled to move," he said. "They shouldn't just show up with pets."

There are a limited number of availabilities for pets on AMC flights departing Naval Station, Rota, and it's best to check with the Air Terminal at ext. 2411 or Personnel Support Detachment at ext. 3034 for further information.



AMC 'weighs in' on your pet shipments

Air Mobility Command, in cooperation with their commercial patriot Express partners, recently announced a three-month test initiative that will allow movement of pets with containers weighing up to 150 pounds on all AMC Patriot Express missions. The test program will run until Aug. 31, using total pet weight vice pet spaces as approval criteria.

PCS travelers will now be able to book a pet and kennel weighing up to 150 pounds combined without having to request a waiver. There are restrictions on kennel sizes, however, dictated by the size of the aircraft.

The total weight of pets plus kennels cannot exceed 150 pounds for shipment under any circumstances.

Unaccompanied baggage

Unaccompanied baggage consists of items you will need immediately on arrival at your destination pending receipt of your Household Goods. It is packed and shipped separately. Items eligible for inclusion in the unaccompanied baggage shipment are:

- ✧ Clothing
- ✧ Linens, dishes, cooking utensils and other light house-keeping items
- ✧ Cribs, playpens, baby carriages and articles necessary for the immediate care and comfort of infant dependents
- ✧ Personal computers, small radios, small portable televisions, portable sewing machines, portable phonographs, small tape recorders, and like items
- ✧ Small folding chairs, tray tables, folding cots, bicycles and small articles essential to the health of the member and dependents
- ✧ Professional books, papers and equipment needed in the performance of official duties

Typically, items not allowed in an unaccompanied baggage shipment include the following:

- ✧ Refrigerators, freezers or other major appliances
 - ✧ Basic items of furniture
 - ✧ Items of extraordinary value
 - ✧ Hobby material or other such items not essential to the health and welfare of the member and dependents
- Contact the Personal Property Office at ext. 2419 or 2420.

When temps rise, airlines won't take pets

Due to the summer heat, many airlines have placed restrictions on transporting pet.

Commercial airlines implemented a permanent annual embargo from May 15 to September 15, which means pets will not be accepted as checked

baggage if the temperature is above 85 degrees Fahrenheit. The reason for this is because extreme heat can put the animals in a life-threatening situation.

There is no restriction for people with pets transferring from Naval Station, Rota on the Patriot Express.

However, if you are traveling on a commercial carrier back to the United States or within the United States, it's best to check with your carrier to see if the restriction applies in your particular situation.

Many commercial airlines, such as Delta, Alaskan,

TWA, and American airlines have the right to refuse living animals as checked baggage if the health of the animal is in question.

These restrictions are in compliance with USDA temperature requirements stated earlier.

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PCS SPECIAL PULLOUT

Local Numbers to help with your move

Air Terminal	2411	Navy College Off.	2711
BEQ	1871	Navy Lodge	2643
BOQ	1751	NEX Auto Shop	2454
Customs	2421	NEX Admin	2527
Dental Clinic	3733	Pers. Property	2419
DGF High Sch.	4181	Post Office	3105
DGF Elem. Sch.	4185	POV Shipments	
Fleet & Fam Support Center			956-81-5934
	3232		956-81-1044
Hosp., Appt Desk	3618	PSD - Customer Service	3034
Hosp., Records	3616		3034
Hosp., Pharmacy	3564	PSD - ID Cards	3011
Hosp., TRICARE	1225	Security	2001
Housing Office	2398	Security - Pass & ID	2154
Legal Office	2531	Security - Veh. Reg.	2318
Library, MWR	2418	Veterinary Services	3149

Helpful web sites:

The Military Traffic Management Command
<http://www.mtmc.army.mil>

It's Your Move
<http://www.defenselink.mil/specials/itsyourmove>

Standard Installation Topic Exchange Service
<http://www.dmdc.osd.mil/sites>

Military Acclimate
<http://www.militaryacclimate.com>

Space-Available Travel/Air Mobility Command
<http://public.scott.af.mil/hqamc>

MTMC Moving Web Site

The Military Traffic Management Command's detailed and easy-to-read Web pages help service members, movers and transportation personnel find up-to-date information about the world of personal property shipments.

The Web site address is <http://www.mtmc.army.mil>. Originally established in 1996, it provides essential information about moving everything from household goods to privately owned vehicles, boats, mobile homes and pets. Every day, up to 500 service members, civilian employees and their dependents, military travel offices and moving companies around the world tap the site.

The new site has nine listings — latest updates, domestic advisory, international advisory, personal property, carrier approval, nontemporary storage, privately owned vehicles, personal property

shipments information and personal property consignment instruction guide.

The 27-page, "It's Your Move" pamphlet is a service member's relocation almanac of rules, checklists, instructions, allowances and more. It can be viewed and downloaded while navigating the MTMC site or directly at http://www.usapa.army.mil/pdffiles/p55_2.pdf.

An informative, downloadable 43-page pamphlet titled "Shipping Your POV" is available while navigating the MTMC Web site or directly at <http://www.mtmc.army.mil/property/POV/POVPAM.PDF>. The MTMC site links to the POV tracking system, but the direct jump address is <http://www.wherismypov.com>. You have to key in your orders number, Social Security number and last name to access the tracking system.

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PCS SPECIAL PULLOUT

A relocation checklist could make moving smoother

Relocation is part of life in the military and for some DoD civilian employees. Every permanent-change-of-station order means moving yourself, your family

and all your belongings to a new duty location somewhere in the world.

Moving is a big event with a lot of physical and emotional challenges that need to be

handled with care. Like everything else in life, there's a right way to move. The right way can make a big difference in stress, peace of mind — and your pocketbook.

Moving Checklist

- ✍ **Contact** the household goods office for an appointment with a counselor.
- ✍ **Notify** your landlord, rental agent or housing office of your orders and anticipated date of departure.
- ✍ **Check** school schedules and enrollment requirements at your new station.
- ✍ **Check** the expiration date on your military identification card; update if necessary.
- ✍ **Contact** the department of motor vehicles for information on changing your driver's license and vehicle registration.
- ✍ **Take** care of auto maintenance and repairs.
- ✍ **Contact** your insurance company concerning vehicles, home and household goods. Find out about coverage on your possessions in transit and storage and about high-value items.
- ✍ **Fill** out a postal change of address form.
- ✍ **Fill** out an IRS change of address form.
- ✍ **Hand-carry** medical and dental records.
- ✍ **Keep** prescription medicines in their original bottles. Obtain prescription slips in case you need refills on the road. Pack medicine in leakproof, spillproof containers.
- ✍ **Hand-carry** finance records.
- ✍ **Ensure** that your entire family is properly listed on the Defense Eligibility Enrollment Reporting System.
- ✍ **Start** using up perishable and frozen foods about a month before moving. Discard whatever you haven't used before the

carrier shows up to pack.

- ✍ **Dispose** of flammables such as fireworks, cleaning fluids, matches, acids, chemistry sets, aerosol cans, ammunition, oil, and paint.
- ✍ **Drain** fuel from mowers and other machinery.
- ✍ **Discard** partly used cans and containers of substances that might leak.
- ✍ **Carefully** tape and place in individual waterproof bags any jars of liquid you plan to carry with you.
- ✍ **Refillable** tanks must be purged and sealed by a local propane gas dealer. Discard nonrefillable tanks. Some carriers and the military do not permit shipment of any propane tanks.
- ✍ **Switch** utility services to new address. Inform electric, disposal, water, newspaper, magazine subscription, telephone and cable companies of your move.
- ✍ **Have** appliances serviced for moving.
- ✍ **Clean** rugs and clothing and have them wrapped for moving.
- ✍ **Plan** ahead for special needs of infants.
- ✍ **Close** bank accounts and have your funds wired to your new bank. Before closing, be sure there are no outstanding checks or automatic payments that haven't been processed.
- ✍ **Collect** valuables from safe-deposit box. Make copies of any important documents before mailing or hand-carry them to your new address.
- ✍ **Record** serial numbers of electronic equipment.
- ✍ **Defrost** freezer and refrigerator. Place deodorizer inside to control odors.

- ✍ **Give** a close friend or relative your travel route and schedule so you may be reached.
- ✍ **Discuss** the moving process with your children to overcome their fear of relocation.
- ✍ **Return** library books and other borrowed items.
- ✍ **Make** shipping arrangements for vehicles early.
- ✍ **Ensure** that the vehicle is in good running condition and that all required maintenance has been completed.

Moving Your Pets

- ✍ **Make** arrangements for transporting pets.
- ✍ **Carry** health and rabies certificates.
- ✍ **Ask** about vaccinations needed to travel to foreign countries.
- ✍ **Attach** an ID tag to your pet's collar.
- ✍ **Check** on type and size of kennel needed for overseas shipment of pets.
- ✍ **If** you're traveling across country, you can check on pet-friendly hotels on the Web at www.petswelcome.com.

On Moving Day

- ✍ **Double-check** closets, drawers, shelves, attic and garage to be sure they are empty.
- ✍ **Carry** travelers checks for quick, available funds.
- ✍ **Watch** loading and unloading and examine all items carefully before signing a receipt.

Customs Regulations

People on PCS orders should be prepared early, and Customs officials provide some helpful tips to help the transition.

"Prohibited items include plants, flammable substances, poisons, obscene publications, destructive devices, explosives, and meat and meat products such as sausage, paté and salami," said Michael L. Burkert, customs program manager for the U.S. European Command.

The Customs Office at Naval Station, Rota, reminds people that they are allowed to ship the following items in their household goods shipment: olive oil (canned); olives (pickled); coffee (roasted beans only); cheeses (fully cured); and fish (canned). For a complete list of approved products, contact the Customs Office at ext. 2421.

Prescription drugs and tobacco products are not allowed in your household goods but may be carried onto the plane when you fly home.

You will have to arrange to ship vehicles not made to U.S. standards through a commercial importer registered with the Department of Transportation. Mopeds and motorcycles must also meet U.S. safety and pollution standards and be free of dirt. Endangered species items such as ivory may not be shipped unless you can prove you owned them previously in the USA.

Need more details? Get the "Highlights for Government Personnel" pamphlet from a military customs office or check out the military customs Web site at www.hqusaareu.army.mil/opm/customs.htm, or you can check with the Customs office here in Rota at ext. 2421.

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On the boardwalk in Torremolinos.



A graceful hotel entrance.



Breakfast is served every morning in this courtyard.



For hard-to-find specialty foods.

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Today

K Photography Exhibition. "Imágenes de Nuestra Tierra". Sala Caja S. Fernando, C/ Ramón de Carranza 26 and 27, Cádiz.

K Painting Exhibition by Muhadin Kishev. Baluarte de la Candelaria, Plaza Marqués de Comillas, Cádiz, through June 17. Hours: Mon-Fri, 11 a.m.-2 p.m. and 6-9 p.m. Sat, Sun and holidays 11 a.m.-2 p.m.

K Painting Exhibition by Muhadin Kishev. Benot Art Gallery, Cádiz, through June 10. Hours: Mon-Fri, 6-9 p.m.

K Painting and Photography Exhibition by Rivadavia Art Gallery, Cádiz, through . Hours: Mon-Fri, 10 a.m.-2 p.m. and 5:30-8:30 p.m. Sat. 11 a.m.-2 p.m.

K Painting Exhibition by Museo de Cádiz, Plaza de Mina, Cádiz, through June . Hours: Mon-Fri, 10 a.m.-2 p.m. and 5:30-8:30 p.m. Sat. 11 a.m.-2 p.m.

K Photography Exhibition. "Camaron: Photographies of an exhibition" by Fernando Sancho. Palacio de Diputación, Cádiz, through June 24. Hours: Mon-Fri, 10 a.m.-2 p.m. and 6-9 p.m. Sat, Sun and holidays: noon-2:30 p.m.

K Fan Exhibition. Escuela de Arte de Cádiz, C/ Tinte. The exhibition will be open until June 13.

K Photography Exhibition. "Marismas del Guadalquivir" by Atin Aya. Sala Caja S. Fernando, C/ Larga 56, Jerez.

K Painting Exhibition by José María Sicilia. Carmen de la Calle Art Gallery, C/ Medina, 1,

Jerez.

K Books and Machinery Exhibition. Biblioteca Municipal Central, Alameda del Banco, Jerez . Hours: Mon-Fri, 10 a.m.-1 p.m. and 5-8 p.m. Sat., 10 a.m.-1 p.m., Sun. and holidays, closed.

K Painting Exhibition by Luis Gomez McPherson. Milagros Delicado Art Gallery, C/ Diego Niño, 3 El Puerto. Hours: 11 a.m.-1:30 p.m. and 7-9 p.m.

K Painting Exhibition. "Museo Cruz Herrera. Diez Años de Galería". Centro Cultural "Alfonso X El Sabio". C/ Larga, El Puerto, through June 24. Hours: 10 a.m.-2 p.m. and 7-11 p.m.

K Flamenco. Paco Cepero in concert. Peña Flamenca "La Perla de Cádiz", 10 p.m. Free.

K Lyric. "La Traviata" of G. Verdi, with the Philharmonic Orchestra of Transilvania. Teatro Villamarta, Plaza Romero Martínez, Jerez, 9 p.m. Information at 956-329-507, email:taquilla.villamarta@aytojerez.es, phone.

Friday

K Theatre. "La Malquerida". Gran Teatro Falla, Plaza Fragela, Cadiz, 9 p.m. Information at 956-220-894.

K Theatre. Histrion Theatre Company presents "Juana la Loca". Teatro Moderno, C/ Nueva, 20, Chiclana, 10 p.m. Information at 956-490-146.

K Flamenco. Mariana Cornejo and Joaquín Zambo (singers) Fernando Moreno (guitar). Peña

Cultural Flamenca de Chipiona, C/ Olmo 16, Chipiona, 10 p.m.

K Puppet. Group Luna presents "El Puente". Plaza Isaac Peral, El Puerto, 7 p.m.

K Rhythm and Blues Sala Central Lechera, Plaza Arguelles, Cadiz, 9 p.m. Tickets available from Sala Central Lechera, 2 hours before show time.

Saturday

K Theatre. "La Malquerida". Gran Teatro Falla, Plaza Fragela, Cadiz, 9 p.m. Information at 956-220-894.

K Lyric. "La Traviata" of G. Verdi with the Philharmonic Orchestra of Transilvania. Teatro Villamarta, Plaza Romero Martínez, Jerez, 9 p.m. Information at 956-329-507, email:taquilla.villamarta@aytojerez.es.

K Flamenco. Juanito Villar and Rancapino (singers); Niño Jero (guitar) Rodo Gallego Company (dancers). Teatro Municipal Alameda, C/Colon, Tarifa, 9:30 p.m. Admission: 500 ptas.

Sunday

K Theatre. "Los Caciques". Teatro de las Cortes, C/ Las Cortes, San Fernando, 9 p.m. Information at 956-882-361

Monday

K Ju Jitsu. Learn this Japanese martial art at the MWR Fit-

ness Center DoJo room. Classes are held every Monday, Wednesday, and Friday from 6 – 8 p.m. For more information, call Sensei Brown at ext. 4259 (home), or ext. 3461 (work).

K Cardio Kick Work out your muscles by joining Cardio Kick classes at the MWR Fitness Center every Monday, Wednesday, and Friday, from 5:30 – 6:30 p.m. Call ext. 2864 for details.

K Fitness Evaluation Get a fitness evaluation from the MWR Fitness Center, Monday – Sunday, from 6 a.m. – 8 p.m. Make an appointment with a trainer. Call ext. 2864 for details.

Tuesday

K Aqua Aerobics Summer Hours. The MWR Fitness Center Aqua Aerobics summer hours: Tuesday through Friday, classes are from 11:30 a.m. – 12:30 p.m. Call ext. 2864 for details.

K Cardio Hip Hop. Join MWR Fitness Center for Cardio Hip Hop classes every Tuesday and Thursday, from 6 – 7 p.m. Call ext. 2864 for details.

K Weight Connection. The MWR Fitness Center has Weight Connection classes every Tuesday and Thursday, from 11:30 a.m. – 12:30 p.m. Call ext. 2864 for details.

Wednesday

K Celtic Music. "Camerata Meiga. Gran Teatro Falla, Plaza

Fragela, Cadiz, 9 p.m. Information at 956-220-894.

Thursday

K Nautilus Orientation. Now available 7 days a week, by appointment only. There are two new fitness professionals to assist you. Call ext. 2565 for an appointment today.

Ongoing

K Chipiona Lighthouse. Tuesdays and Thursdays from 4-6 p.m. Admission: 500 ptas. Phone: 956-371-188/956-372-828.

K Flying Over Cadiz. Jerez Air Club. Information and booking at 956-150-080/956-240-174. Duration 40 minutes.

K Daily Dives at Tarifa Island. Advance booking essential. Information at Hotel El Fuerte, Conil. Phone: 630-234-426. email:tarifasub@teleline.es.

K Zoological Park. Jerez. Hours: Tuesdays-Sundays from 10 a.m. to 6 p.m. Mondays closed, except on holidays. Information at 956-182-397/184-207.

Ferias and in Cadiz province

El Colorado, June 7-10
Paterna, June 7-10
Jedula, June 8-10
Chiclana, June 9-13

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This week the Coastline is featuring a special pullout section on PCS moves where we have included some ads that can be of help: real estate agencies, **Century 21** and **Long and Foster**, that through their network of offices, can provide you with all kinds of useful information about the community you will be moving to and help you find what you are looking for in your next home. Also advertised is **World Ecologic Sec**, a dry cleaner in Rota that does excellent work. That way, you can pack things away in good condition and won't have to worry about them when you arrive at your new destination. Before you are done, take advantage of the great prices and good job done at **Pacheco's Frame Shop** in Rota and get all those things you have collected framed. After you are packed; how about a relaxing session at **Montecastillo Spa**?

In the rest of the paper there are several ads for good shopping places. A couple of them are new: **Mega**

Sofa and Koala Surf. Mega Sofa opened on April 19, in the Urbisur Commercial Area of Chiclana, just down from McDonald's and almost directly across from Indiana Bill, the play place for children that was advertised a few weeks ago. As the name implies Mega Sofa sells primarily sofas, sofa beds and easy chairs. They have a good selection at very good prices and there are always special offers on top of that. While there, I got a very nice recliner for only 40.000 pesetas and it is upholstered in Scotch Guard fabric. That was my Mother's Day present to myself (you can always find a good reason, if you try!). All in all, we were quite impressed with the store and it is definitely something to keep in mind if you are in the market for a sofa or an easy chair. **Koala-Surf** is located at Palacios, 39, just down from the big church in Puerto and it is the most hip sportswear shop you will find in town. The young and innovative owner, Fernando and his

super staff, will always give you excellent service. The shop is well stocked with swim and beach wear. There is a tremendous selection of shirts, pants and hard to find items. I'm sure that the Americans who have started to shop will attest that it is definitely worth a visit. The others are repeat advertisers, but they also deserve a mention because they offer top quality items. The **Irish Connection** is located in the new Casemates Shopping Area in Gibraltar. It is such a lovely shop! They have beautiful Irish linens and delicate, fine Irish china as well as hand-embroidered towels, lots of cute things for the kitchen etc. Remember, you will get a 10% discount if you bring in the ad from this paper. **Chiqui Boom** and **Anaquel** are both located in Puerto de Santa María. **Chiqui Boom** has everything for the baby...really great strollers and buggies. **Anaquel** has lovely furniture,

accent pieces and decorative items. Thanks to the strong dollar, you can really get some good buys locally.

Another new ad this week is for a paint and body shop **Dos "J"**, located at Revolera, 31. That is behind the hospital as you enter Puerto, near the Cobreros supermarket. The shop is family run and they do a fantastic job. A friend of mine recently had his car painted there and they did a great job at a really good price. The car looks like new, down to the last detail. Keep them in mind if you need bodywork and/or a paint job.

La **Parrilla de Juan** on Avenida San Fernando, in Rota, opened last weekend. His specialty is grilled spareribs, marinated in his special sauce. Originally from Madrid, Juan's inspiration is the famous Rib House on the highway that runs between Madrid and Torrejón. Some of you may be familiar with the place. Some of his other offering

that I'm sure will be a hit are: onion rings, potato skins, chicken wings, stuffed baked potatoes, B.B.Q. chicken, pasta salad and Caesar Salad. I haven't had a chance to try the ribs yet, but hope to do so this week...they sure smell good! La **Parrilla de Juan** is located directly across from **Century 21**.

Remember, Flamenco shows start tomorrow night at **La Posada** restaurant in downtown Puerto. They will run every Friday and Saturday night during June and July.

Mesón Los Arcos, Rubén Darío, 24, Rota is now closing on Wednesdays.

Next time you visit someplace, let me know what you thought. Let's hear from you! Share with others information about your favorite spots and shops. Contact me by e-mail at coastpub@retemail.es, by fax at 956-542997 or by phone at 607-564132.

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>>> To see the Newsports and AFN Pacific television schedules, go to www.afntr.osd.mil/afntrv

ATLANTIC

TIME	PROGRAM	DESCRIPTION	REMARKS	REMARKS	REMARKS	REMARKS
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0630	6:30 AM News	6:30 AM News	6:30 AM News	6:30 AM News	6:30 AM News	6:30 AM News
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2430	12:30 AM News	12:30 AM News	12:30 AM News	12:30 AM News	12:30 AM News	12:30 AM News



AFN TUESDAY PRIME-TIME MOVIE: **Face OFF**

Thanks to futuristic (and graphic) plastic surgery techniques, an undercover agent takes on the physical appearance of an assumed dead criminal to crack a murderous terrorist cell and save Los Angeles from a nerve gas attack. But the real killer was only in a coma, and now he's taken on the form of the cop! Travolta and Cage swap barbs, bullets, and on-screen personalities in this slam bang thriller from action director John Woo. Starring John Travolta, Nicholas Cage, Joan Allen, and Alessandro Nivola. (120 min, Action Thriller, 1997, TV-14) AFN at 7:30 p.m.



UPCOMING AFN Television:

West Wing – Year 2 season to begin June 18

In The Shadow Of Two Gunmen - In the two-hour season premiere of the record Emmy Award-winning drama, all the President's men and women scramble in the chaotic wake of an assassination attempt that leaves some victims fighting for their lives. Meanwhile, as a manhunt continues, the wounded drift in and out of surgery recalling how Bartlet's team came together during the dark months of his longshot primary campaign. Elsewhere, the press department is hounded by the media for details of the shooting while a military crisis looms in Iraq. (120 min / TV-14) **NOTE: Special two-hour season premiere. Regular one-hour episodes start June 25th.** AFN at 8 p.m.

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PIE

245.5mm X 61mm

GATEWAY AUDITORIUM

Today

6 p.m. Blow (R)
8:30 p.m. The Brothers (R)

Friday

7 p.m. Crocodile Dundee in L.A. (PG)
9:30 p.m. The Brothers (R)
Midnight: Blow (R)

Saturday

3 p.m. Kingdom Come (PG)
7 p.m. A Knight's Tale (PG13)
9:30 p.m. Along Came a Spider (R)
Midnight: One Night at McCool's (R)

Sunday

3 p.m. Shrek (PG)
6 p.m. Kingdom Come (PG)
8:30 p.m. One Night at McCool's (R)

Monday

6 p.m. One Night at McCool's
8:30 p.m. Along Came a Spider (R)

Tuesday

6 p.m. Kingdom Come (PG)
8:30 p.m. One Night at McCool's (R)

Wednesday

6 p.m. Shrek (PG)
8:30 p.m. Along Came a Spider (R)

Thursday

6 p.m. Kingdom Come (PG)
8:30 p.m. Along Came a Spider (R)

GATEWAY DRIVE IN

Friday 10:30 p.m. A Knight's Tale (PG13)

Saturday 10:30 p.m. Shrek (PG)

Sunday 10:30 p.m. Along Came a Spider (R)



One Night at McCool's

*Movies are subject to
change
without notice.

G - General Audiences: All ages admitted.

PG - Parental Guidance Suggested: Some material may not be suitable for children

PG-13 - Parents Strongly Cautioned: Some material may be inappropriate for children under 13.

R - Restricted: Under 17 requires accompanying parent or adult guardian

MWR's Movie Info Line-ext. 2624.



Along Came a Spider (R: for violence and language) Thriller; Morgan Freeman (103 min). A prequel to Kiss the Girls; Morgan Freeman reprises his role as Dr. Alex Cross, a Washington, D.C., criminal psychologist and detective. This time, the good doctor finds himself on the trail of a fame-craving serial killer who has already killed 200 people and has just kidnapped two young children from a prestigious private school.

A Knight's Tale (PG13: for violence) Action; Heath Ledger (135 min). A young squire with a gift for jousting hits the road with his cohorts after his master dies. On the journey, they stumble upon an unknown writer who agrees to forge genealogy documents to pass the squire off as a knight. With newly-minted history in hand, the young man sets out to prove himself a worthy knight at the country's jousting competition.

Kingdom Come (PG: for thematic elements) Comedy; Whoopi Goldberg (95 min). Whether it is a wedding, a funeral, or family reunion, there are always relatives you are glad to see...and others you wish had not shown up. Family tensions reach a comedic boil in this ensemble comedy, as one family, headed by Whoopi Goldberg, gathers together to settle conflicts and bury their not-so-dearly departed patriarch. Each family member comes to terms with life and death in their own special way, which leads to some humorous situations.

One Night at McCool's (R: for violence, sexuality and language) Romantic Comedy; Liv Taylor & Matt Dillon (93 min). This film is a steamy story told from three different points of view that ultimately becomes one. Was it the dead body at McCool's bar that tied the three men together? Not as tightly as the stunning young woman aptly named Jewel Valentine; before the night was over, she had become all they could think about. Jewel was more trouble than they were worth.

Shrek (PG: for mild language and some crude humor) Family/Comedy; Mike Myers & Eddie Murphy. Once upon a time, in a far away swamp, there lived an ornery ogre named Shrek whose precious solitude is suddenly shattered by an invasion of annoying fairy tale characters who have been banished from their kingdom by the evil Lord Farquaad. Determined to save their home--and his own--Shrek agrees to rescue the Princess Fiona to be Farquaad's bride.

The Brothers (R: for strong sexual content) Romantic Comedy; Bill Bellamy (97 min). "The Brothers" centers around a close-knit group of four African-American men and the challenges they face in their friendships, relationships, and intimate lives. The things they fear the most are commitment and honesty. But when the playboy of the group gets engaged, the others start to reconsider their values and the way they treat the women they love. This film is the directorial debut of Gary Hardwick.

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#8

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CLASSIFIEDS

AUTOS

1990 FORD FIESTA : Excellent condition, new paint, good tires, radio. Priced to move! \$1500. Call 956-85-7890 (Puerto).

1990 MAZDA 626: Excellent condition, auto. transmission, sun roof, A/C, newly painted. Price negotiable. Call 956-53-7645, ask for Mari.

1986 DODGE OMNI: AM/FM, CD player, automatic, runs great. Comes with full tank of gas. \$950 O.B.O. Call 606-69-4294, ask for Todd. E-mail ToddSwing@hotmail.com.

1994 TOYOTA TERCEL, excellent condition and maintenance. Extremely reliable. Great for traveling throughout Spain and Portugal. \$3,500 OBO. Must sell! Call 696-379-048.

1989 RENAULT 5 A/C, power window/locks, AM/FM cassette. Available July 17. Call Ext. 4546.

1990 BMW 524TD: Like new, all taxes paid, European specs, 163k kilometers, PS/PB, A/C, AM/FM/tape, dark metallic gray, immaculate condition. \$7000. Call Ext. 3438 or 956-85-8973.

1983 RENAULT: Second owner, reliable, power windows, AM/FM. Available June 10, 2001. It still looks good! \$2000. Call Ext. 4300.

95 MUSTANG GT 5.0, 5-Speed, 55.8K Miles, A/C, P/S, Cruise, Power seat Sports Package suspension, MACH 460 stereo tint windows, Alarm. \$15,000 O.B.O. Rick 95-486-2672.

1990 JEEP CHEROKEE: Ltd Wag 4d. \$2499.99 DOLS. E-mail me for pics. dk2mam@aol.com.

1984 AUDI 100: 2.2 Liter 5 cylinder engine, 80K miles,

Comfortably seats 5. Seller will pay transfer fee, ITV good until Dec 2001. New tires and tune-up. \$1800 O.B.O. Work Ext. 1864, Home 4866.

1984 RENAULT 4 TL: ITV valid until November 2001. Very good running car, dependable. \$900. Call Ext. 4411 anytime.

1989 ALFA ROMEO 75 Red, 4 dr, pwr locks, windows, brakes, steering, AM/FM Cassette. Strong engine, well maintained, only driven locally. ITV until 4/02. Asking \$3000. Call Pete or Kristina at 956-81-5026.

1987 FORD FIESTA Red, Extremely reliable, excellent condition, perfect for local commuter. Never fails ITV inspection! Don't want to sell, but I'm leaving Spain. \$2000 Call Pete or Kristina at 956-81-5026.

1994 TOYOTA TERCEL: American specs. Great mechanical condition, recent tune up, new tires, new brakes. 100% reliable. \$3200 O.B.O.

1989 Ford Fiesta: 1.1 ltr engine 58000 kms. 3rd owner, AM/FM Cassette w/remote. Looks and runs great. \$1100.00. Call 4355, if no answer pls leave message.

Seat 600E: 30 years old (considered an antique), 350.000 pesetas. White; insurance good until June 01. '85 Range Rover V8, 400,000 pesetas. Call 629-519910.

1986 Volvo 340: very good condition, just passed ITV. \$1,100. Call 956-873296 or X2100.

1989 Fiat Regata: top condition, 90,000 miles. ITV passed. \$1,300. Call 956-873296 or X2100.

1993 Ford Mondeo 2.0 Ghia: automatic transmission, low mileage, fully equipped, one owner, always kept under cover,

almost new. Phone: 956-309608 or cell 657-599461.

EMPLOYMENT

Program Assistant: Child Development Center. Please apply at the MWR Personnel Office Bldg #1.

Recreation Aide: Wood Hobby Shop. Please apply at the MWR Personnel Office Bldg #1.

Publicity Clerk/Cashier: Publicity. Please apply at the MWR Personnel Office Bldg #1.

Recreation Aide: Bowling. Please apply at the MWR Personnel Office Bldg #1.

Recreation Aide: Youth Center. Please apply at the MWR Personnel Office Bldg #1.

Recreation Aide: Golf Course. Please apply at the MWR Personnel Office Bldg #1.

To be an instructor please call ext. 2550.

For Family Care Providers call ext. 1618.

For emergency hire jobs apply at the Personnel Office Bldg #1 ext. 2596.

Head Chef required for international food Casual Style Restaurant in Pto. Sta. M^a. Applicants send resume Attn: Scott Johnson, C/Viveros s/n, Centro Comercial Vista Hermosa, 11.500 Puerto de Santa Maria (Cádiz) or jokers@airtel.net (open only to Spanish nationals/residents).

Recreation Aid: (Fitness Center) GS-0189-03, CLOSES: 11 Jun 01. Apply at HRO, Bldg. 52.

Writer/Editor: (Public Affairs Office) GS-1082-07, CLOSES: 11

Jun 01. Apply at HRO, Bldg. 52.

Dental Assistant: Branch Dental Clinic, Rota Spain. Applicants must be a U.S. citizen to apply and must have prior experience. Interested personnel are requested to contact DTC Wurch or STCS Ontiveros at Ext. 3798. Accepting applications until 08 June 2001.

Working Aid, AD-3502-01: 1st cutoff 25 May 01, 2nd cutoff 8 Jun 01, 3rd cutoff 22 Jun 01, 4th cutoff 6 Jul 01. Final cutoff 31 Jul 01. Apply at HRO, Bldg. 52.

Do you enjoy gardening? Volunteer at RAWL and help us beautify our premises. Call Ellen at ext. 4000.

The Navy Exchange is always accepting applications for employment of U.S. dependents. Apply at NEX Admin. Office or call ext. 3177.

HRO employment information www.rta.navy.mil/hro

Substitute Field Representative and Test Administrator: City Colleges of Chicago. Apply at Navy Campus Learning Center Bldg. 52 Call ext. 2574.

FOR SALE

BABY ITEMS: Baby changing table, light wood, good condition; \$40. Car seat and stroller combo; \$20. Call Ext. 4300.

STROLLERS: 2 twin strollers in good condition; \$35040. Contact M. Jimenez at Ext. 2950 (work), or 626-26-2124.

FURNITURE: Oak dining room table and China cabinet. Both in excellent condition. \$325.00 O.B.O. If interested please call Bill at 956-82-2663/956-48-2251.

Magnavox 5 CD carousel w/ remote \$50, COMPAQ Presario MV720 15.9" computer monitor w/ speakers 90\$. Call John at 626380567.

FREE LOVESEAT! W/the purchase of couch. Matching set, like new. Black and Tan. Call PO2 King at Ext. 2467 or 84-1814.

DOUBLE STROLLER \$25. Nordic Trac ski machine \$200. O.B.O. Call Ext. 4245.

AFN DECODER \$325. Call 956-48-1251.

HOUSES/ APARTMENTS

For rent: Beautiful, brand-new apartment, right on the beach with a fantastic view of the Rota Marina and bay. Swimming pool, enclosed garage and elevator.

Fully equipped kitchen: vitro-ceramic range, oven, dishwasher and washer/dryer. Ceiling fans installed, double windows and insulated. 2 bedrooms, 1 bath, terrace. Asking 100.000 pesetas/month. Call 607-564132 or leave a message at 956.542997, Americanlandlord.

For rent: Nicely furnished 2 bedroom apartment downtown in Puerto. Large sunny terrace. Enclosed parking garage. Owner asking 100.000 ptas per month. Call Antonio at 956541056 or 956856305.

For rent: 5 Bedroom single-family home in downtown Rota. Unfurnished, 1 and 1/2 baths, driveway, visiting roof and patio around the house. Owner asking 95.000-Ptas. Call CENTURY 21 Agin 2000 at 956-846221.

For rent: Beautiful beachfront apartment, furnished or

unfurnished. Living dining-room, balcony, 2 bedrooms, 1 bathroom, American style kitchen. Underground garage, lift, telephone and satellite connection, solar heat. Owner looking for long-term contract, 100,000pts. per month with community fees included. Telephone 956 85 13 96 Brigitte or 956 48 09 73 Coco.

For rent: 2 Bedroom furnished apartment on Avda. Diputación in Rota. Large back patio with grass and covered parking space. Owner asking 85.000-Ptas. Call CENTURY 21 Agin 2000 at 956-846221.

Need a house? Lot's of houses to rent; we'll find what you want. No rental fees, no language barrier. We rent, sell and build houses. American management. Your satisfaction is our best publicity. 956-543755 or 610-753503. Call us anytime.

For rent: Great for a single. Studio! American kitchen, living room and 1 bath in a private complex. Community pool. All you need in a small place and for a small price. Owner asking 40.000-Ptas a month. Call CENTURY 21 Agin 2000 at 956-846221.

For rent: 4 Bedroom bottom floor apartment. Furnished or unfurnished. In a quite area and not far from the beach. Good size living room, furnished kitchen and laundry area. Owner asking 65.000-Ptas. Call CENTURY 21 Agin 2000 at 956-846221.

For rent: Townhouse in El Manantial, 4 bedrooms, 2 baths, furnished kitchen, living/dining room. 200 meters from the beach. 70.000 pesetas/mo. Includes parking and community fees. Call 956-841100.

For rent: Nice 3 bedroom

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CLASSIFIEDS

penthouse on Avda. Ppes España, 1 and ½ baths, furnished kitchen, 2 balconies and large solarium on top. Owner asking 80,000-Ptas. Call CENTURY 21 Agin 2000 at 956-846221.

For rent: Unfurnished 3 bedroom apartment. Marble floors. Central air conditioning. 1 and ½ baths and closed garage. Owner asking 85,000-Ptas. Call CENTURY 21 Agin 2000 at 956-846221.

For Rent: Beautiful furnished beachfront apartment in Fuentebravía. 3 bedrooms, 2 baths, living/dining room, with waterfront terrace. Great sunsets! 90,000 ptas. Must see! Call Matt at 696-379-048.

MISCELLANEOUS

Babysitter: Lots of experience, references and medical. Speaks English and will be available in June. If interested, contact Carmen at babygirlc2000@yahoo.com

Boarding Kennels by the sea in Rota. High quality care for your dog while you are away. Just call the Alpha Dog Hotel on 651106670 or e-mail dogschool@yahoo.com

CALL THE USA - 24c PER MINUTE with Rapid Link. For information, email, msedge@thesedgegroup.com.

Need furniture restored, re-finished, or painted? Call José Manuel at 627-579083. Also, wall treatments, faux finishes etc.

Language School: All levels of Spanish and English - Trinity School. For information, call 956-871926.

PETS

PUPPIES FREE to good home. 8 weeks old, very cute and playful. 6 to pick from, 3 male and 3 female. Reddish brown with white, or Black with white. Call Nadine Ext. 1524 or after 6pm at 956-87-6187.

FREE KITTENS: Free to good home. 5 weeks old, potty trained. Call 956-82-2457.

FREE KITTENS: Four potty-trained kittens to give away to a good home. They have been raised from a bottle, and are now 5 weeks old and eating kitten chow. Call extension 2457.

WANTED

SINGLE CAR GARAGE in Rota near Francisco Lucero and the beach. Must be large enough for a Ford Explorer; need before June 16th for 1 or more years. Prefer renting but would consider purchase. Nancy or Rick, 956 84 1142 evenings or leave message at 956 82 4181.

PRAYERS

Lord, make me an instrument of your peace. Where there is hatred, let me sow love. Where there is injury, pardon. Where there is doubt, faith. Where there is despair, hope. Where there is darkness, hope. Where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console, to be understood, as to understand, to be loved, as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen. *Jess López.*

POVS

Call 956-81-1044/5934

Blosser, N. M.
Bradley, D. N.
Briones, W.
Brown, S. A.
Carrillo, A. T.
Clinton, K. G.
Detolve, R. C.
Galvezmeraz, L. A.
Kristliis, E. M.
Moody, R. E.
Morris, J. R.
Panzaru, I.
Severn, D. L.
Smith, C. M.
Utecht, L. M.
Warner, Jr. B. L.
Winters, Jr. R. C.

Birth Announcements

Mia Marsella Belli, daughter of Enrique and Lorena Belli, was born on May 8, 2001, weighing 8 lbs., 4.6 oz.

Jasmine Kiara Richardson, daughter of Ravon and Trina Richardson, was born on May 9, 2001, weighing 7 lbs, 11 oz.

Logan Kyle McWilliams, son of Brandon and Jacqueline McWilliams, was born on May 11, 2001, weighing 8 lbs., 6.4 oz.

Triana Isabelle Forand, daughter of James and Leslie Forand, was born on May 14, 2001, weighing 8 lbs., 9 oz.

Grace Jean Charmley, daughter of Tom and Mary Charmley, was born on May 15, 2001, weighing 8 lbs, 2 oz.

Avery Ana Hunter, daughter of Thomas and Christi Hunter, was born on May 17, 2001, weighing 7 lbs. 13 oz.

Ripley Evelyn-Elizabeth Lindner, daughter of Paul and Cara Lindner, was born on May 20, 2001, weighing 8 lbs., 6 oz.

Wesley Jacob Broadus, son of Jason and Renee Broadus, was born on May 20, 2001, weighing 6 lbs. 15 oz.

Erica Dachiardi, daughter of David and Silvia Dachiardi, was born on May 22, 2001, weighing 7 lbs.

Samantha Rae Saple, daughter of Alan Saple and Cherie Blank, was born on May 23, 2001, weighing 7 lbs., 2.8 oz.

How to place a Classified Ad

Free classified ads are available to all TEI 'Spanish ID' card holders, including active duty U.S. military members, DoD civilian employees, and their family members. Free ads are limited to 25 words or less are restricted to non-commercial goods and services.

Paid classified ads for commercial and non-commercial goods and services are available to non-TEI cardholders as well as TEI card holders.

Ads must be in the Thursday prior to desired publication and will run for one week only.

Free Classified Ads
Fax ad to: 956-82-1021
or coastline@navia.rota.navy.mil

Paid Classified Ads
Call: 956-542997 or 607-56-4132
email: coastpub@retemail.es



Need to know the peseta rate?

Visit the PSD website:

www.psd.rota.navy.mil

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CAPTAIN'S CUP STANDINGS

AS OF JUNE 4

LARGE COMMANDS

Event	NAVSTA	NSGA	HOSPITAL	NMCB	VQ-2
Racquetball	4	2	2	0	1
Table Tennis	2	0	0	0	1
Basketball	229	165	70	65	45
Valentine SK	4	2	5	0	2
St. Patrick SK	10	4	0	1	4
40K Cycling	2	3	1	2	2
Soccer	48	63	45	63	18
Golf	25	33	50	0	7
Track and Field	10	0	1	0	4
3 on 3 Grass V-Ball	70	47	0	0	10
Horseshoes	0	3	1	0	2
Tennis	1	0	0	0	0
TOTAL:	405	322	175	131	96

CAPTAIN'S CUP STANDINGS

AS OF JUNE 4

SMALL COMMANDS

Event	AMC	MCSF	AIMD	PSD	NCTAMS	NEMOC	NSWU-10
Racquetball	0	0	0	0	0	1	2
Table Tennis	0	2	0	0	0	2	0
Basketball	120	95	95	95	70	0	0
Valentine SK	1	1	0	3	2	2	9
St. Patrick SK	3	1	0	2	6	1	0
40K Cycling	1	0	0	0	0	1	0
Soccer	20	27	0	0	0	30	20
Golf	9	0	9	0	0	9	0
Track and Field	6	0	0	2	0	2	0
3 on 3 Grass V-Ball	0	0	0	0	0	0	0
Horseshoes	0	0	0	0	0	0	0
Tennis	0	0	0	1	1	1	0
TOTAL:	169	126	104	103	79	49	31

SPORTS BOARD

AS OF JUNE 4

TENNIS TOURNAMENT

May 30 - Final	Greg Eismen vs. Ken Vaughn	6-4	6-4	Eismen
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TENNIS STANDINGS

1. Greg Eismen	3. Tony Mendora
2. Ken Vaughn	4. Alvin Orinido

HOMERUN DERBY

Queen: Stephanie Jordan

King: Derrick Rhodes

SOCCER CHAMPIONSHIP GAME

DGF	0	NAVSTA	4
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photo/Heather King Navarrete

NAVSTA 'schools' DGF during the Captain's Cup finals last Wednesday. DGF was undefeated and was granted a bye in post-season play while they played in a tournament in Holland.



photo/PH11(AW) Ron Heppner

Greg Eismen took top honors in the Captain's Cup Tennis Tournament last week.

Captain's Cup soccer

Commentary by Scot Wilson
DGF High School

In the world of base soccer, there is not too much to say. NAVSTA, beat DGF 4-0 in the final for the Captain's Cup. After taking second in league play, NAVSTA got first in the Tournament and has had an excellent season. DGF had a spectacular season as well. After taking first in the league, they took second in the tournament.

NAVSTA's first goal came when they started play from a corner kick while no one was looking.

Their second goal of the evening came when Brent

Jones tore through the 18-yard box and received an awesome through ball from the midfield.

Their third goal came when a man was left completely unmarked in the penalty box. Although he did some fancy footwork after getting the ball, it was not necessary, because no one was near him.

No one except maybe the person who scored the fourth goal will ever be too sure what went on. But, from outside the eighteen, the goal looked really, really ugly. It may have been absolutely beautiful.

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SPORTS BRIEFS

S.P.A.T. Summer Tennis Camp

The Spanish-American Tennis Association will hold their Summer Tennis Camp from July 2 to August 23. The camp will be held at the courts next to the Navy Lodge from 9:30 a.m. to noon and from 5:30 to 8 p.m. Times are flexible though. Camp is available from children ages 4 and up. The Association offers open season adult tennis lessons. Contact Jeannie at ext. 4473, Ricardo at 629-287-494 or Cdr. Thiel at ext 3504.

RGA Golf Tournament

The Rota Golf Association is sponsoring the U.S. Open Pick-a-Pro golf tournament Saturday, June 16, at 10 a.m. The tournament format will be individual stroke play with handicap, and a BBQ will be held after play. All are invited to play. The fee is \$10 for RGA members, plus green fees, and \$15 for non-RGA members, plus green fees. A random drawing will be held to determine the pro you 'play' with from the U.S Open field. Call ext. 2260 to sign up or find out more on the RGA.

Rota Little League Brisket pick-up

If you purchased a Brisket Plate, pick up your meal on Saturday, June 9, at the following times and team lines:

From **11 a.m. to Noon**, tickets 776 - 830 pickup at the Dodgers [minor league] line; tickets 1096 - 1150 pickup at the Blue Jays [major league] line; and tickets 1261 - 1320 pickup at the Orioles [major league] line.

From **Noon to 1 p.m.**, tickets 831 - 885 pickup at the Sox [minor league] line; tickets 886 - 935 pickup at the Pirates [minor league] line; tickets 986 - 1040 pickup at the Brewers [minor league] line; tickets 606 - 665 pickup at the Yankees [softball] line; and tickets 431 - 490 pickup at the Sox [T-Ball] line.

From **1 p.m. to 2 p.m.**, tickets 371 - 430 pickup at the Giants [T-Ball] line; tickets 491 - 550 pickup at the Braves [T-Ball] line; and tickets 1321 - 1492

and 1511 - 1641 pickup at the Reds/Marlins [junior league] line.

From **2 p.m. to 3 p.m.**, tickets 1151 - 1205 pickup at the Braves [Major] line; tickets 1206 - 1260 pickup at the Brewers [Major] line; tickets 246 - 310 pickup at the Yankees [T-Ball] line; and tickets 572 - 575 pickup at the Athletics [T-Ball] line. If your ticket number is not listed, arrive between 11 a.m. and 1 p.m.

Rota Sailing Club

The club is hosting a Sailing on the Bay day on Sunday, June 10, at the MWR Marina. From 11 a.m. to 2 p.m., the community is invited to go sailing with the club. Cost will be about \$5 per person - to share boat expenses. After sailing, a free BBQ will be held from 2 to 4 p.m. Learn more about the sailing club, benefits of membership, activities, boat rentals and sailing classes and certification. Everyone is invited.

Local program launched, helps Rota Sailors get shipshape

"HOW much fat is in a package Ramen noodles!?" or "No way...DR Pepper really has that much sugar!?"

Betty Murphy MSW
Health Promotion Coordinator

These are just some of the truths participants are learning in the current ShipShape weight management program. So what exactly is this ShipShape Program? Glad you asked! It is a new Bureau of Medicine and Surgery (BUMED)-approved weight management program coordinated through the Health Promotion Department at the Naval Hospital. It was developed and made available this Spring at the local Medical Treatment Facilities (MTF) to increase accessibility of a weight management program for active duty Sailors and Marines needing assistance in maintaining Physical Readiness Standards.

ShipShape is designed to provide Active-Duty personnel with basic information regarding nutrition, stress management, exercise, and behavior modification techniques to lower and maintain an acceptable body weight and body fat percentage within Navy standards. The classes are interactive with an individual focus and self-study.



Current topics such as fad diets and supplements, fast food dining, and healthy lifestyle choices are included in the program.

Naval Hospital Rota is one of the first MTFs to offer ShipShape. Their first program began on May 17 and runs through the end of July. The second class will begin in the Fall. Attendance is open to all Active Duty Personnel, especially anyone who exceeds or is in danger of exceeding body composition assessment standards and desires support beyond their Command Fitness Enhancement Program. Anyone interested in participating in the ShipShape program should obtain a recommendation and referral from their commanding officer or officer in charge, through their command fitness leader.

If you would like more information about ShipShape, call Betty Murphy at ext. 3350, or check out the Weight Management link on the Health Promotion web site at <http://rota-www.med.navy.mil/healthpromotion/>



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version of Rota Coastline.

122.3 mm X
161.2 mm

#4

This place is reserved for
a paid advertisement
found only in the printed
version of Rota Coastline.

122.3 mm X
161.2 mm